

ParticipACTION Events
Starting June 1, 2022
Everything gets better with
movement.
All events are free!!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>10 am Walking/toning exercise class Highland Park, wetland trail, bottom entrance</p> <p>11 am Pickleball SBC</p> <p>6 pm Community biking Highland Park, top entrance</p>	<p>9 am Kayaking Meet at Recreation and Wellness 62 Douglas St. Register & info at assistant.director@salisbury.nb.ca</p> <p>2 pm Pickleball SBC</p> <p>6 pm Community Walk Highland Park, wetland trail, bottom entrance</p> <p>6:30 pm Walking/toning exercise class Highland Park, top entrance</p>	<p>9 am Group hikes Meet at Recreation and Wellness 62 Douglas St. Register & info at assistant.director@salisbury.nb.ca</p> <p>2 pm Pickleball SBC</p> <p>6 pm Community biking Highland Park, top entrance</p>	<p>10 am Community walk Meet at Highland Park, wetland trail, bottom entrance</p> <p>2 pm Pickleball SBC</p>	<p>11 am Pickleball SBC</p>

