

# June 2023

Help Salisbury win \$100,000 by being named Canada's Most Active Community!

Here are many FREE activities to get active this June. Don't forget to track your minutes!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 FREE Senior Luncheon (RSVP required). 11:30am-1:00pm, Salisbury Legion. RSVP at 506-372-3230.  Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	2 Parents & Tots walk 10 am Meet at Salisbury Lions Club  Pickleball- 11:00am, Salisbury Baptist Church	3  Learn to Play Clinics*, 10:00am-12:00pm  Family Fun- Activities & Games at Highland Park, 12:00pm-2:00pm Kick-off Event- Highland Park (BBQ, music, and more!) 5:00pm-8:00pm
4	5 Zumba- 10:30am, Salisbury Baptist Church  Pickleball- 11:30am, Salisbury Baptist Church  Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	6 Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required  Pickleball- 2:00pm, Salisbury Baptist Church	7 Morning Walkers- 10:00am, Highland Park (Wetland Trail)  Pickleball- 11:00am, Salisbury Baptist Church  Wednesday Excursion*** - Meet at Municipal Office at 9:00pm, RSVP required Yoga - 6:30pm, Salisbury Baptist Church (beginner or expert!)	8 Pickleball- 2:00pm, Salisbury Baptist Church  Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	9 Parents & Tots walk 10 am Meet at Salisbury Lions Club  Pickleball- 11:00am, Salisbury Baptist Church	10  Learn to Play Clinics*, 10:00am-12:00pm  Family Fun- Activities & Games with BGC Salisbury at Highland Park, 12:00pm-2:00pm
11	12 Zumba- 10:30am, Salisbury Baptist Church  Pickleball- 11:30am, Salisbury Baptist Church  Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	13 Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required  Pickleball- 2:00pm, Salisbury Baptist Church	14 Morning Walkers- 10:00am, Highland Park (Wetland Trail)  Pickleball- 11:00am, Salisbury Baptist Church  Wednesday Excursion*** - Meet at Municipal Office at 9:00am, RSVP required	15 Pickleball- 2:00pm, Salisbury Baptist Church  Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	16 Parents & Tots walk 10 am Meet at Salisbury Lions Club  Pickleball- 11:00am, Salisbury Baptist Church	17  Learn to Play Clinics*, 10:00am-12:00pm  Family Fun- Activities & Games at Highland Park, 12:00pm-2:00pm  Adult Pickleball Tournament, 10:00am, registration required Spikeball Tournament- 10:00am, 62 Douglas Street, registration required
18	19 Zumba- 10:30am, Salisbury Baptist Church  Pickleball- 11:30am, Salisbury Baptist Church  Spring Gardens Subdivision Walkers- 6:30pm, meet at corner of Brighton St. & Roxboro Ct. Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	20 Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required  Pickleball- 2:00pm, Salisbury Baptist Church	21 Morning Walkers- 10:00am, Highland Park (Wetland Trail)  Pickleball- 11:00am, Salisbury Baptist Church  Wednesday Excursion*** - Meet at Municipal Office at 9:00am, RSVP required	22 Pickleball- 2:00pm, Salisbury Baptist Church  Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	23 Parents & Tots walk 10 am Meet at Salisbury Lions Club  Pickleball- 11:00am, Salisbury Baptist Church	24  Learn to Play Clinics*, 10:00am-12:00pm  Family Fun- Activities & Games with BGC Salisbury at Highland Park, 12:00pm-2:00pm  Youth Ball Hockey Tournament (to be confirmed), registration required
25	26 Zumba- 10:30am, Highland Park  Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	27 Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required	28 Morning Walkers- 10:00am, Highland Park (Wetland Trail)  Wednesday Excursion*** - Meet at Municipal Office at 9:00am, RSVP required Yoga - 6:30pm, Highland Park (beginner or expert!)	29 Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	30 Parents & Tots walk 10 am Meet at Salisbury Lions Club	1 Canada Day events at Highland Park, 11:00am- 1:00pm

Download the



**Additional Information:**

\* Learn to Play Clinics: Soccer, pickleball & baseball clinics will be offered each week. RSVP required. Watch salisburynb.ca and the Town's FB page for details.

Questions? Need assistance

**ParticipACTION**  
**app and track your**  
**minutes!**



\*\*Kayaking excursions: Kayak and limited transportation will be provided.

\*\*\*Wednesday Excursions: Transportation is provided but advance RSVP is required. Locations to be determined.

**Want to know more about**  
**tracking your minutes?**  
**Phone: 506-372-3230**  
**Email: [recreation@salisbury.nb.ca](mailto:recreation@salisbury.nb.ca)**