

June 2023

Help Salisbury win \$100,000 by being named Canada's Most Active Community!

Here are many FREE activities to get active this June. Don't forget to track your minutes!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 FREE Senior Luncheon (RSVP required). 11:30am-1:00pm, Salisbury Legion. RSVP at 506-372-3230. Evening Walk- 6:30pm, Highland Park (Entrance of Wetland Trail)	2 Parents & Tots Walk- 10am, meet at Salisbury Lions Club Pickleball- 11:00am, Salisbury Baptist Church	3 Learn to Play Clinics*, 10:00am-12:00pm Family Fun- Activities & Games at Highland Park, 12:00pm-2:00pm
4	5 Zumba- 10:30am, Salisbury Baptist Church Pickleball- 11:30am, Salisbury Baptist Church Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	6 Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required Pickleball- 2:00pm, Salisbury Baptist Church	7 Morning Walkers- 10:00am, Highland Park (Wetland Trail) Yoga - 6:30pm, Salisbury Baptist Church (beginner or expert!) Pickleball- 11:00am, Salisbury Baptist Church Wednesday Excursion*** - Meet at Municipal Office at 9:00am, RSVP required	8 Pickleball- 2:00pm, Salisbury Baptist Church Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	9 Parents & Tots Walk- 10am, meet at Salisbury Lions Club Pickleball- 11:00am, Salisbury Baptist Church	10 Learn to Play Clinics*, 10:00am-12:00pm Family Fun- Activities & Games with BGC Salisbury at Highland Park, 12:00pm-2:00pm
11	12 Zumba- 10:30am, Salisbury Baptist Church Pickleball- 11:30am, Salisbury Baptist Church Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	13 Pickleball- 2:00pm, Salisbury Baptist Church	14 Morning Walkers- 10:00am, Highland Park (Wetland Trail) Yoga - 6:30pm, Salisbury Baptist Church (beginner or expert!) Pickleball- 11:00am, Salisbury Baptist Church Chalk Art - 3-4pm, Salisbury Public Library Wednesday Excursion*** - Meet at Municipal Office at 9:00am, RSVP required	15 Pickleball- 2:00pm, Salisbury Baptist Church Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	16 Parents & Tots Walk- 10am, meet at Salisbury Lions Club Pickleball- 11:00am, Salisbury Baptist Church	17 Learn to Play Clinics*, 10:00am-12:00pm Spikeball Tournament- 10:00am, 62 Douglas Street, registration required Family Fun- Activities & Games at Highland Park, 12:00pm-2:00pm Adult Pickleball Tournament, 10:00am, registration required
18	19 Zumba- 10:30am, Salisbury Baptist Church Pickleball- 11:30am, Salisbury Baptist Church Spring Gardens Subdivision Walkers- 6:30pm, meet at corner of Brighton St. & Roxboro Ct. Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	20 Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required Pickleball- 2:00pm, Salisbury Baptist Church Outdoor Scavenger Hunt (weather permitting) - 3-4 pm, Salisbury Public Library	21 Morning Walkers- 10:00am, Highland Park (Wetland Trail) Pickleball- 11:00am, Salisbury Baptist Church Wednesday Excursion*** - Meet at Municipal Office at 9:00am, RSVP required Yoga - 6:30pm, Salisbury Baptist Church (beginner or expert!)	22 Pickleball- 2:00pm, Salisbury Baptist Church Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail) Kick-Off Event - Highland Park (BBQ, prizes, music, and more!) 5pm-8pm	23 Parents & Tots Walk- 10am, meet at Salisbury Lions Club Pickleball- 11:00am, Salisbury Baptist Church	24 Learn to Play Clinics*, 10:00am-12:00pm Family Fun- Activities & Games with BGC Salisbury at Highland Park, 12:00pm-2:00pm Youth Ball Hockey Tournament- at Salisbury Elementary School, 9am to 2:30pm
25	26 Zumba- 10:30am, Salisbury Baptist Church Pickleball- 11:30am, Location TBD Riverbend Friends Walkers- 6:30pm, meet at Cul-de-Sac on Riverbend Road (East Side)	27 Kayaking** (kayak & limited transportation provided), meet at Municipal Office at 9:00am, RSVP required	28 Morning Walkers- 10:00am, Highland Park (Wetland Trail) Wednesday Excursion*** - Meet at Municipal Office at 9:00am, RSVP required Yoga - 6:30pm, Salisbury Baptist Church (beginner or expert!)	29 Pickleball- 2:00pm, Location TBD Evening Walk- 6:30pm, Highland Park (meet at entrance to Wetland Trail)	30 Parents & Tots Walk- 10am, meet at Salisbury Lions Club Scavenger Hunt - 2-3 pm, Salisbury Public Library	1 Canada Day events at Highland Park, 11:00am- 1:00pm

Download the ParticipACTION app and track your minutes!



Additional Information:

- * Learn to Play Clinics: Soccer, pickleball & baseball clinics will be offered each week. RSVP required. Watch salisbury.nb.ca and the Town's FB page for details.
- **Kayaking excursions: Kayak and limited transportation will be provided.
- ***Wednesday Excursions: Transportation is provided but advance RSVP is required. Locations to be determined.

Questions? Need assistance tracking your minutes?
Phone: 506-372-3230
Email: recreation@salisbury.nb.ca